From Cardiff
- Leave the M4 at Junction 35 (signed Bridgend, Pencoed & A473).
- Take the 1st exit onto the A473 (signed Coychurch & Bridgend).
- Continue over the first roundabout remaining on the A473.
- Turn left at the next roundabout onto Brocastle Avenue.
- Continue straight over the first roundabout, at the next roundabout follow the road around we are located on the left hand side (see inset).

Parking
- Parking is available on site at all 3 locations.

By Train
- Bridgend is served by trains from Cardiff, Newport, Bristol, Swindon, Reading, London Paddington and Swansea.
- Taxis are available at the station.