MDLIVE for Cigna®

MDLIVE is made forthis

Access quality virtual behavioral health support – from the privacy and safety of your home.

Worry, stress, and anxiety are expected, given the current conditions surrounding the coronavirus pandemic. Everyone handles these and their other emotional responses differently. In this time where many of us want to avoid going out or are thinking of putting off essential physical and mental healthcare, MDLIVE is ready to listen and support you and your family during this challenging time.

Our board-certified psychiatrists and licensed therapists are here for you. Choose a time that works with your schedule, and have a secure, confidential virtual visit in the privacy and safety of your own home. Our providers are specifically trained for virtual visits, and you can pick the same counselor for every session.

Get the help you need from a board-certified psychiatrist or licensed therapist.



- Have a private video session with an MDLIVE board-certified psychiatrist or licensed therapist at home.
- Choose from a large network of providers and find the one who is right for you.
- Select the same provider for every visit or change whenever you like.
- Have your visits at times that work for you, even evenings and weekends.
- Virtual Behavioral health visits are available by appointment only.

MDLIVE behavioral health experts are here to support you with:

- Anxiety
- Bipolar Disorder
- Depression
- Grief & Loss
- LGBTQIA Support
- Life Changes
- Men's Issues
- Panic Disorders

- Parenting Issues
- Postpartum Depression
- Relationship Issues
- Stress Management
- Trauma & PTSD
- Women's Issues
- And more





888-726-3171

Cigna-administered health plans provide access to virtual care through MDLIVE, a national telehealth provider. Providers are solely responsible for any treatment provided to their patients. Video chat may not be available in all areas or with all providers. This service is separate from your health plan's network and may not be available in all areas. A Primary Care Provider referral is not required for this service. Refer your plan for details. Not all plans include behavioral coverage. All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company or its affiliates. "Cigna" is a registered service mark of Cigna Intellectual Property, Inc. .