

# YOUR APP JUST GOT AN UPGRADE

Now it's even easier to take control of your health and health spending

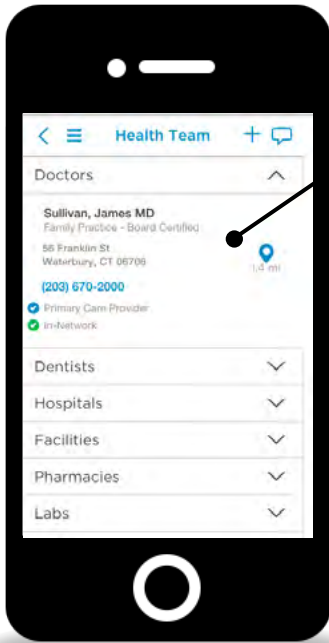


**The myCigna<sup>SM</sup> app now includes a Cigna One Guide<sup>®</sup> service upgrade with even more tools and support.**

**The myCigna app still uses information specific to your plan so you can easily:**

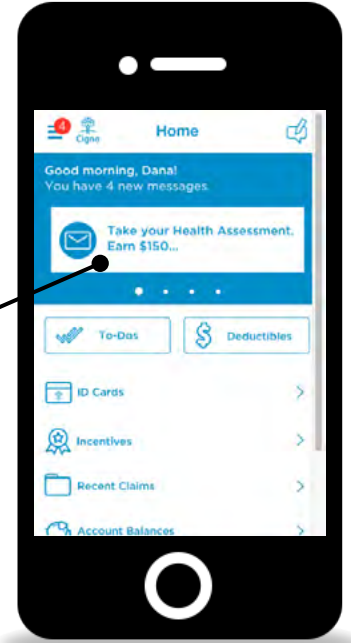
- › Find in-network doctors, labs and hospitals
- › Get cost estimates for care
- › Compare prescription prices
- › Manage and track claims
- › Access your ID cards to print, fax or email

**But the One Guide service now lets you do so much more.**



**Build your custom health team** - a personal list of the in-network doctors, dentists and facilities you use to keep track of their information all in one place.

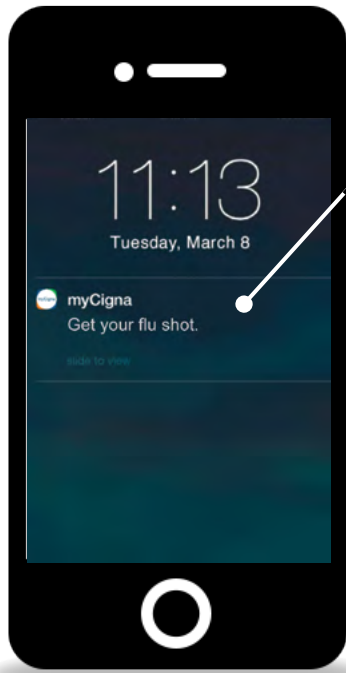
**Sign up for messages** that can guide you to savings, incentives, coaching opportunities and more (if offered by your employer).



For illustrative purposes only.

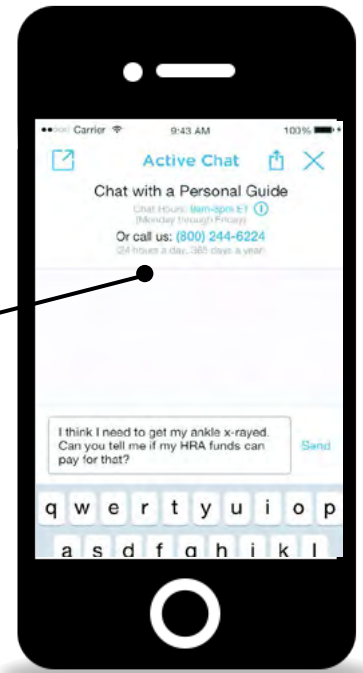
**Together, all the way.®**





**Get tips and reminders** to help you stay on track with appointments and preventive care.

**Access support quickly.** You can chat online or by phone with a personal guide who can answer your questions and help you make the most of your plan.



**Get started with the new One Guide service today.**

Download the latest myCigna app\*  
**Or call <1.800.Cigna24>**



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Cigna One Guide may not be available with all plans.

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